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From Our President

Friends,

You have been wonderful to support Pandora Org through our growth adventures! Thank you for your partnership! Because of you, we bring news about the our progress of our combined efforts, and promise to continue to improve quality of life for patients with myalgic encephalomyelitis and fibromyalgia and their families. Together, we are making an impact through patient assistance, advocacy, and education program efforts. We are also delighted to announce that in 2015 we are taking an active role in funding research. This is an exciting development which we feel is necessary to help solve the challenges in our community and to find a cure.



We have been very busy the last few months. Here is just a sample:

Patient Assistance Programs: View all our Patient Assistance programs at pandoraorg.net

- ◆ Our "Covered in Love" program has delivered 30 quilts to patients who are going through an especially rough time. (See page 3) [Video of the program](#)
- ◆ We are very excited to have launched our "Pandora Delivers" program which offers direct assistance by delivering fresh meals to patients and their families who have short term needs. (See page 4)
- ◆ We have set up a new national help line for patient support.
- ◆ We have partnered with Needy Meds to help patients with prescription costs.
- ◆ With your help, we gave over 720 gallons through gas cards, to help patients get to their doctors.

Advocacy Programs: View all our advocacy initiatives at pandoraorg.net. Pandora has been involved in several national key issues affecting both ME and fibromyalgia.

- ◆ Attended workshops, and headed several initiatives concerning the Health and Human Services contract with the Institute of Medicine to evaluate the diagnostic criteria for ME/CFS.
- ◆ Attended workshops meetings, presentations, and several key initiatives with the NIH's Pathways to Prevention (P2P) "Advancing the Research on ME/CFS" and "The Role of Opioids in the Treatment of Chronic Pain," including the new rules pertaining to opioid prescription drugs.
- ◆ Attended meetings, submitting recommendations and testimony to the CFS Advisory Committee.

Education Programs: View all our education programs at pandoraorg.net

- ◆ We held three Advocate Extraordinaire trainings to develop awareness and train the next generation of advocates for both ME and fibromyalgia.
- ◆ Encouraged hospitals to offer CME course and in-service on fibromyalgia.
- ◆ Made available three brochures for patient and physician education. (see page 6)

Funding Research:

- ◆ We are announcing a new program to directly fund and help bring awareness to the need for more private research. More details to come in January.

We ask you to give generously because your gift makes our work possible. I promise that your donation will make a difference in patients' lives. We are a volunteer organization and 100% of your gift will be used for patient assistance, education and funding research for a cure. You can make the difference!

Lori Chapo Kroger
President and Executive director
Pandora Org

